	Monday	Tuesday			Wednes	day	Thursday	Friday	
10am - 11am					Counselling O Counselling O Services 10am – 11am				
11am - 12pm						Team Nineteen 5 aside			<b>Girls Football</b> Lightwaves 11am-12pm
12pm -1pm	Trampolining	Chess Club Above			Cookery Club Gaskells	Football League Lightwaves 11.30pm -1.30pm	Counselling Drop In Thornes TMF39	C Card Drop In	_
1pm	Lightwaves 12.30pm-1.30pm	Starbucks 12pm-2pm			12pm-2pm		12pm – 1pm	Student Services 2 <sup>nd</sup> Floor,Harrison	
- 2pm		-		Smash Up				12.30pm – 1.30pm	-
2pm - 3pm				Badminton Lightwaves 1.30pm- 2.30pm	-				Just Play 5 aside Football Lightwaves 2pm-3pm
3pm- 4pm	Street Dance			•					
4pm - 5pm	Lightwaves 3.30pm-4.30pm	Basketball Lightwaves 4pm-5pm	Netl Light 4pm	waves	Duke of Edinburgh Student Union Office – Refectory 4pm-5pm	Boxercise Lightwaves (Starts 7 <sup>th</sup> October) 4pm-5pm			
5pm- 6pm	Weightlifting* City Campus 5pm-6pm				Weightliftin City Campus 5pm-6pm	ig*	Weigl City Ca 5pm-6p		

### What else?

Trips and visits Race for Life Club

Duke of Edinburgh Awards <u>dofe@wakefield.ac.uk</u> Tournaments, games and competitions

Coaching and volunteering in sport

Pool and Table Tennis in the refectory

Cycle to College Scheme

Chill Out Zone

Do you have an idea for a new activity or trips?

e.g. Free running, skateboarding, kayaking.

For any more information on any trips or activities: Email – <u>events@wakefield.ac.uk</u> Visit – Activity Team in the Student Union at the back of the Refectory

\*Weightlifting incurs a cost of £2 per session or £5 per week. For more information contact m.helme@wakefield.ac.uk

	Monday	Tuesday			Wednes	day	Thursday	Friday	
10am - 11am					<b>Counselling</b> Counselling Of Services 10am – 11am				
11am - 12pm						Team Nineteen			Girls Football Lightwaves 11am-12pm
12pm -1pm		Chess Club Above			Cookery Club Gaskells	Football League Lightwaves 11.30pm -1.30pm	Counselling Drop In Thornes		
1pm	Trampolining Lightwaves 12.30pm-1.30pm	Starbucks 12pm-2pm			12pm-2pm		TMF39 12pm – 1pm	C Card Drop In Student Services 2 <sup>nd</sup> Floor,Harrison 12.30pm – 1.30pm	
- 2pm		-		Smash Up				12.30pm – 1.30pm	_
2pm - 3pm				Badminton Lightwaves 1.30pm- 2.30pm				I	Just Play 5 aside Football Lightwaves 2pm-3pm
3pm-	Street Dance								
4pm 4pm - 5pm	Lightwaves 3.30pm-4.30pm	Basketball Lightwaves 4pm-5pm	twaves Lightwaves		Duke of Edinburgh Student Union Office – Refectory 4pm-5pm	Boxercise Lightwaves (Starts 7 <sup>th</sup> October) 4pm-5pm			
5pm- 6pm	Weightlifting* City Campus 5pm-6pm				Weightlifting* City Campus 5pm-6pm		Weigl City Ca 5pm-6p		

## What else?

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events@wakefield.ac.uk

# Volunteer Play Learn Enjoy



Volunteer Play Learn Enjoy wakefieldcollege

**Extra-curricular activity timetable** 

September 2015/2016



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events@wakefield.ac.uk





With wakefield where





Volunteer Play Learn Enjoy wakefield college

Extra-curricular activity timetable





With wakefield

September 2015/2016

	Monday			Tuesday		Wednesday			Thursday			Friday
9am 10am	<b>Bike Maint</b> <i>TBC</i> 9am – 10ar			Counselling Drop CXL04, Library 9am – 10am	In							Bike Maintenance TBC 9am – 10am
10am 11am												
11am 12pm	Ultimate Fi ASDA playi 11am – 12p	ing field										
12pm 1pm	<b>Rugby Uni</b> ASDA playi 12pm – 1pr	ing field		Killer Pool @ Castleford Refectory 12pm – 1pm	C-Card Drop In TBC 12pm – 2pm	Team Nineteen 5 Aside Football League Glasshoughto	C- Card Drop In TBC 12pm-	Sexual Health Workshop TBC 12.15 -	Cookery Club TBC 12pm – 1pm	<b>C-Card</b> <b>Drop In</b> <i>TBC</i> 12pm – 2pm	Sexual Health Workshop TBC 12.15 -	Ultimate Frisbee ASDA playing field 11am – 12pm
1pm 2pm						n 3G 12pm – 2pm	1pm	1.15pm			1.15pm	
2pm 3pm												
3pm	Rugby											
4pm	League ASDA											
4pm 5pm	m playing field 3.30pm 4.30pm 4.30pm 3G Just Play Football @ Glasshoughton 3G			Anger Management TBC 4.15pm-5.15pm	Boxercise TBC 4.15pm – 5.15pm	City Campus Student Union Office			Street Dance @ Glasshoughton Studio? 4pm – 5pm			

# What else?

Pool in the refectory

Duke of Edinburgh Awards dofe@wakefield.ac.uk

Tournaments, games and competitions

Coaching and volunteering in sport

Trips and visits Race for Life Club Cycle to College Scheme Chill Out Zone Do you have an idea for a new activity or trips?

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For any more information on any trips or activities:

Email - events@wakefield.ac.uk

Visit – Andy Taylor in CX101

	Monday Bike Maintenance 7BC 9am – 10am			Tuesday   Counselling Drop In   CXL04, Library   9am – 10am		Wednesday			Thursday	Friday Bike Maintenance TBC 9am – 10am		
9am 10am												
10am 11am												
11am 12pm	Ultimate F ASDA play 11am – 12	ring field										
12pm 1pm	Rugby Union ASDA playing field 12pm – 1pm			Killer Pool @ Castleford Refectory 12pm – 1pm	<b>C-Card</b> <b>Drop In</b> <i>TBC</i> 12pm – 2pm	Team Nineteen 5 Aside Football League Glasshoughto	C- Card Drop In TBC 12pm-	Health Workshop TBC	Cookery Club TBC 12pm – 1pm	C-Card Drop In TBC 12pm – 2pm	Sexual Health Workshop TBC 12.15 -	Ultimate Frisbee ASDA playing field 11am – 12pm
1pm 2pm						n 3G 12pm – 2pm	1pm	1.15pm			1.15pm	
2pm 3pm												
3pm												
4pm	Rugby League ASDA											
4pm 5pm	playing field 3.30pm - 4.30pm	Just Play Football @ Glasshoughton 3G 4pm-5pm	Anger Management TBC 4.15pm- 5.15pm	Anger Management TBC 4.15pm-5.15pm	Boxercise TBC 4.15pm – 5.15pm	Duke of Edinburgh City Campus Student Union Office 4pm – 5pm			Street Danc @ Glasshou 4pm – 5pm			

## What else?

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